

**MINUTES**  
**PSAC ATHLETIC ADMINISTRATORS' SPRING MEETING**  
**Atherton Hotel, State College, PA**  
**April 4-5, 2007**

- I. Roll Call: Mary Gardner & Kathy Heitzman (Bloom); Tom Pucci (Cal), Tim Newsome & Harold Johnson (Chey), Dave Katis & Wendy Snodgrass (Clarion); Tom Gioglio & Carey Snyder (East Stroud); Bruce Baumgartner (Edin); Frank Condino & Fran Nee (IUP); Greg Bamberger & Michelle Gober (Kutz); Peter Campbell & Danielle Barney (LHU); Roger Maisner & Kris Decker (Mans); Dan Audette & Peg Kaufman (Mill); Jeff Michaels & Roberta Page (Ship); Paul Lueken & Steve Roach (SRU); Ed Matejkovic & Barb Cleghorn (WCU)  
PSAC: Steve Murray, Will Adair, Carlin Chesick, Lauren Packer  
Guests: Derek Harsh (Mans intern)
- II. Requests for Reordering Agenda:  
Motion: Condino (Baumgartner) Move Reports V-D, F, & G to following lunch break. Motion Passed  
Motion: Maisner (Condino) Move Sections VII, VIII, IX to Tuesday morning. Motion Passed
- III. Announcements:
- PSAC will host a Compliance Seminar on May 23-24 in Lock Haven
  - The PSAC Winter Sports Coaches (Basketball & Swimming) will meet on May 7 in Lock Haven
  - The PSAC was successful in its application for the Strategic Alliance Matching Grant program with Division II
  - The PSAC Board of Directors Meetings will be held May 14-15 in Harrisburg
  - NCAA Coaches Certification Testing information is now available, contact the conference office for help.
  - Hardship Waivers Approved: Forse (Cal); Henderson (Clarion); Dallas (ESU); Rice (ESU); Falatach (Edin); Lacko (Ship); Cremonese (SRU); Phillips (SRU); Fitzgerald (Mill); Shirk (BU)
- IV. Approval of Spring Minutes  
**MOTION: Condino (Gardner) To approve the minutes of October 2006 as presented.**  
**Motion Passed**
- V. Reports
- A. Sports Information/Awards – Adair  
There were no submissions for retiree awards among coaches or administrators  
Basketball videoconferences last November was successful, process in place to review program  
Concluded third season of radio show “This Week in the PSAC”  
Examining opportunities to video stream athletic events on the internet
- B. PSAC Officiating Committee – Pucci  
After extensive discussions the following motion was made:  
**Motion: Matejkovic (Pucci) That the commissioner be empowered to continue negotiations with the baseball, softball and soccer groups**  
**Motion Passed**

C. PSAC Championships Review Task Force – Condino

**Motion: Condino ( Snodgrass ) That for the 2007-08 seasons in the sports of basketball and volleyball**

- 1). **Cross-over games/matches would be counted in the divisional standings**
- 2). **The top two teams from each division would qualify automatically to the conference tournament based upon the mandated conference schedule (divisional & cross-overs).**
- 3). **That a single site championship be conducted in all three championships, continuing their alternate divisional site hosting as in their previous cycles at the divisions highest seed.**
- 4). **That a power rating system be developed for seeding the tournaments remaining qualifiers based only upon mandated conference play (both divisional and cross-overs).**
- 5). **If there are ties in the divisional standings or power rating standings the existing tie-breakers would first determine seedings.**

**Motion Passed: 24-4**

**Motion: Condino ( Pucci ) In the sport of women’s soccer all mandated matches would be utilized in determining divisional representatives in the conference tournament**

**Motion Passed: 24-3-2**

D. NCAA Division II Management Council – Page

Division II Management Council will be meeting in late April.

E. Division II Athletics Directors Association – Matejkovic

Two ADs from the league, Dave Katis (Clarion) and Frank Condino (IUP) received grants through the D2ADA to attend NACDA. A strategic plan is being developed for the association.

F. Division II Championships Committee – Page

2008 Spring Sports Festival will be in Houston, TX (tennis, golf, softball, lacrosse). Those institutions that participated in the Fall 2006 Festival discussed some of the issues that arose at that Festival and were cause for concern.

G. Division II Regional Advisory Taskforce - Page

A lengthy discussion occurred about the new review of the regional alignments in Division II. Dr. Page is the chair of this taskforce.

H. PSAC Advisory Council – Murray

Two reps need to be selected next October to replace Kathy Heitzman and Todd Jay.

I. Division II Membership Committee - Maisner

Discussed the many issues facing membership in Division II, including those leaving DII to move to DI and those coming in from DIII/NAIA to DII.

J. Playing Rules Oversight Panel – Murray

Discussed proposed rules changes as they affect many PSAC sports, particularly the sport of football and its timing rules.

K. Secondary Violations Report – Murray

Reviewed 16 secondary violations submitted by member institutions to the NCAA since last October.

L. Division II Academic Requirements Committee – Cleghorn

- Beginning October 2007, the NCAA will now run the NCAA Eligibility Center (formerly Clearinghouse) Todd Leydon, Director.
- There will be a legislative proposal for the 2008 Convention to increase Div II high school core courses to 16, with an implementation date for incoming freshmen 2013.
- Academic Tracking system which was voluntary this winter (due Feb 1, 2007)...only 40 school responded in full. Recommend that this data collection become mandatory.

VI. Sport Committee Reports

1. Volleyball – Hjerpe

**MOTION:** Pucci ( Bamberger ) That in the sport of volleyball during cross-over matches that warm-up time be easily distinguishable by a clock visible from the warm-up court(s).

**MOTION:** FAILS

**MOTION:** Pucci ( No Second ) To adopt the film exchange policy as stated in attachment.  
The following standards for providing match tapes shall be observed:

- 1) All tapes must be in DVDR format, must be new in quality, correctly labeled with the date and participants of the match.
- 2) Box scores and score sheets must accompany the requested match video.
- 3) Institutions must specify a particular individual and exact mailing address to be used for video exchange. This is to be done on the official PSAC video request form which must be postmarked no later than August 1.
- 4) Requests shall not be made for matches that are less than three days prior to the delivery date. (Sundays are not to be counted as a possible day.)Videos are not to be sent by U.S. mail.
- 5) The filming of all conference matches shall be from the endline position and be a minimum of 12 feet above the floor.
- 6) The host institution shall video tape all matches creating two DVDs, one for the home team and one for the visiting team. The home team will also provide a copy of the score sheets prior to the visiting team's departure.
- 7) All PSAC members are prohibited from providing verbal, film or game-tape, scouting data involving a PSAC school to any non-conference opponent or scouting service.

**MOTION:** Pucci ( No Second ) To have sports information office representative be responsible for full NCAA box scores following each home volleyball match at the same level of commitment that is in place for football and basketball.

2. Football – Bamberger

**MOTION:** Bamberger ( Matejkovic ) For all PSAC football games played where the visiting team must travel over 150 miles one way; the start time will be mandated to fall between 12:00 noon and 2:00 pm, unless mutually agreed upon.

**MOTION FAILS:** 26-0-2

**MOTION:** Bamberger ( No Second ) For all PSAC football games that the home team is mandated to supply a usable kicking net to the visiting team.

3. Soccer – Kaufman and Audette

## MEN'S SOCCER

**Motion:** That the PSAC Commissioner and Athletic Administrator's Officiating Committee pursue the possibility of hiring a single assignor to assign all PSAC Men's Soccer Matches.

THIS ISSUE BEING HANDLED BY OFFICIATING COMMITTEE

**Motion:** That for PSAC men's and women's soccer doubleheaders a different officiating crew be assigned for each game.

THIS ISSUE BEING HANDLED BY OFFICIATING COMMITTEE

**Motion:** Audette ( No Second) That the officials for the PSAC semi-finals and Championship game be assigned from outside the region or, officials assigned who have not worked games with either team playing in the PSAC Play-offs.

**Motion:** Audette ( Gardner ) The PSAC Men's Soccer Championship shall be held on the campuses of Shippensburg University and/or Bloomsburg University, alternating every other year, assuming they are willing to take on this responsibility.

**MOTIONS FAILS**

## WOMEN'S SOCCER

**Motion:** Kaufman ( Campbell ) To eliminate divisional play and move to a single round robin in 2008.

MOTIONS FAILS

**Motion Kaufman ( Audette ) In the sport of women's soccer to eliminate the requirement of submitting statistics in the All-Conference Nomination process.**

**MOTION PASSES**

Motion: Kaufman (No Second) To add Defensive Player of the Year award for the East and West.

### 4. Field Hockey – Gardner

**Motion: Gardner (Matejkovic ) To present Marge Garinger, former PSAC assignor for field hockey and lacrosse a plaque in recognition for her service to the league.**

**MOTION PASSES**

Note: The PSAC Office will review / present standards and process for an award/recognition for service to the league.

Motion: Gardner (No Second) The coaches requested a defensive MVP be nominated for the All Conference Team.

### 5. Athletic Trainers – Gioglio

No Report

### 6. Swimming – Cleghorn

Discussed and reviewed the new venue at Cumberland Valley HS. There were many positive comments and the conference will review the championship site.

7. Softball – Decker

**Motion: Decker (Pucci) That the 2008 PSAC mandated softball schedule be approved as presented (double round robin, within the two divisions).**

**MOTION PASSED**

The coaches will be asked to review other divisional play and cross-over options for the future.

8. Wrestling – Baumgartner

**Motion: Baumgartner (Kaitis) That the PSAC Wrestling Championship be conducted on the second Saturday of December (Dec. 8, 2007) rather than the last weekend of January.**

**MOTION PASSED**

Note: Future championship dates will be considered regarding conflicts with graduation and basketball cross-overs.

9. Lacrosse – Campbell

No Report

10. Sports Information Directors – Jay

No Report

11. Baseball – Maisner

No Report

12. Cross-Country/Track & Field – Barney

Discussion regarding the date of the conference championship occurred.

13. Men's & Women's Basketball - Heitzman and Maisner

No Report

14. Men's & Women's Tennis - Michaels

No Report

15. Golf – Condino

No Report

There was discussion regarding the future of the championship if sponsorship levels remain low

16. Compliance Coordinators – Nee

Seminar on May 23-24 in Lock Haven

VI. New Business – Conference Office Items

1. Management Council Selections

Tom Gioglio (AD) and Fran Nee (SWA) were selected as the AA representatives for the PSAC's slate of candidates to the DII Management Council.

2. Strategic Grant Program Review

Reviewed the conference's submissions to the Division II Strategic Initiative Grant Program

3. Official Ball Program Selections

**A series of motions were considered regarding the Official Ball programs for the league**

**Baseball: Rawlings –(Matejkovic/Pucci) Passes**

**Softball: Worth – (Matejkovic/Pucci) Passes**

**Basketball: Rawlings –(Matejkovic/Pucci) Passes**

Motion: Lueken (no second) That in the sport of basketball the conference official ball only be used in the conference tournament

Asked the conference office to review options for official Football

4. Band/Artificial Noisemaker Regulations

Motion: Lueken (Pucci) To permit artificial noisemakers and band participation at outdoor athletic events except those devices that would interfere with the conduct of the contest or those already prohibited by NCAA regular season playing rules (i.e. whistles, airhorns).

Motion Fails:14-14

**Motion: Pucci (Lueken) To permit artificial noisemakers at outdoor athletic events except those devices that would interfere with the conduct of the contest or those already prohibited by NCAA regular season playing rules (i.e. whistles, airhorns). The prohibition on band participation while the play clock runs remains in effect.**

**Motion Passes**

5. Division II Initiatives
  - a. Strategic Positioning Platform
  - b. Community Engagement Initiative

A handout was provided and a discussion was initiated on the programs being developed for Division II.

VII. Requested Agenda Items

1. Recruiting and Travel Reimbursement for Coaches – Taylor/Campbell

Discussion regarding NCAA and CBA regulations concerning travel reimbursement in recruiting

2. Sharing of Survey Information on Campuses – Gardner

Discussion regarding how survey information is gathered and used when requested by member institutions

3. Football scheduling – Matejkovic

An excellent discussion was held regarding the issue of the impact on the league schedule with the dropping of the sport at Mansfield.

VIII Old Business

1. Membership Issues

The commissioner discussed the issues involved with the potentiality of new full or associate membership in the PSAC

2. Cheerleading Activities

**Motion: Matejkovic ( Lueken ) To adopt the PSAC Cheerleading Guidelines as presented (see attached)**

**Motion Passes 16-10**

IX Future Meetings

1. October AA Meeting (Lock Haven): October 2-4, 2007
2. Winter Sport Coaches Meetings – (Basketball & Swimming @ Lock Haven): May 7
3. May PSAC Board of Directors (Harrisburg): May 14-15
4. Compliance Seminar (Lock Haven): May 23-24

**CHEERLEADING SAFETY GUIDELINES AND RESTRICTIONS**  
**PENNSYLVANIA STATE ATHLETIC CONFERENCE**  
**(Updated 3/07)**

**General Guidelines**

1. In accordance with NCAA recommendations, all PSAC cheerleading advisors are required to be safety certified by August 2006. The conference recommends that the cheerleading advisors participate in the AACCA (American Association of Cheerleading Coaches and Advisors) safety certification program
2. All cheerleaders must receive proper training before attempting any form of cheerleading gymnastics (tumbling, partner stunts, and pyramids).
3. PSAC cheerleading advisors must be present at practices and athletic events (home or away) when their institution's cheerleaders are performing. Practice sessions must be held in a location suitable for the activities of cheerleaders (i.e., use of tumbling mats, away from excessive noise and distractions, etc.).
4. Professional training in proper spotting techniques is mandatory for all squads.
5. All cheerleading squads will adopt a professionally developed comprehensive conditioning and strength building program.
6. A structured stretching exercise and flexibility routine will precede and follow all practice sessions and precede all pre-game activities, pep rallies, etc.
7. Sponsors/coaches must recognize their squad's specific ability level and must limit the squad's activities accordingly. "Ability level" refers to the squad's talents as a whole, and individuals should not be pressed to perform activities until safely perfected.
8. Skills that have not been mastered should be performed only in a supervised practice environment
9. All partner stunts and pyramids must be reviewed and approved by the coach prior to execution. "Hands on" spotting is required until new stunts are mastered.
10. All cheerleaders will have physical examinations conducted in the manner similar to student athletes at the respective member institutions prior to participation.
11. All cheerleaders will be required to provide, or will be provided, the same level of institutional medical insurance coverage as provided student athletes at the respective member institutions prior to participation.
12. PSAC Cheerleading Restrictions will be reviewed and amended annually, as appropriate, with any recommendations or changes in the AACCA guidelines.
13. Institutions should review their coverage and liability in regard to cheerleader participation during camps, clinics and competitions.
- 14. These safety rules will be applied by the PSAC to all sports and venues. AACCA College Cheerleading Safety Rules must be followed for those activities which remain permissible.**
- 15. The guidelines shall apply to all Conference and non-conference contests at PSAC sites. The guidelines shall apply to both home and visiting cheerleaders. Home game management shall be responsible for enforcing these guidelines for both home and visiting cheer squads.**
- 16. Each member institution within the PSAC has the right to enforce additional restrictions to these guidelines or "grounding" of their respective cheer squads. At institutions with additional restrictions, the visiting cheer squad must adhere to the host site's guidelines/restrictions.**

## **Restrictions**

1. Use of the mini-tramp and/or springboard is prohibited.
2. All partner stunts and pyramids are limited to two persons high. "Two high" is defined as the base having at least one foot on the ground.
3. Partner stunts in which the base uses only one arm to support the top person are prohibited
4. Basket tosses, elevator tosses and other similar multibased tosses are prohibited.
5. Flips or twists into or from partner stunts are prohibited.
6. Split catches are prohibited.
7. Front, back and side tension drops are prohibited.
8. Toe pitches are prohibited.
9. Cradle dismounts from pyramids shoulder height or above require one spotter in addition to the original base(s) (i.e. three catchers are required).
10. Twisting tumbling skills are prohibited.

Note: The above safety restrictions and guidelines are general in nature and are not intended to cover all circumstances.

## **Protocol**

1. The PSAC Office will develop a webpage on its website that includes institutional cheerleading advisors name and contact information, safety certification verification and additional institutional restrictions, if any. The PSAC Office will require coaches/advisors to submit proof of safety certification by August 15 of each year, or will face restricted participation until certification is filed with the league office.
2. Cheer squads will not be permitted to participate in organized activities during athletic contests or be admitted free to contests unless the safety certified coach/advisor is present at home and/or away contests.
3. Host advisor/coach must greet/meet with the visiting advisor/coach prior to the game and inform him/her where the visiting cheerleaders will cheer during the game and discuss emergency plan.
4. Should a cheer advisor observe inappropriate/unsafe activities being performed by the opponents cheer group, the advisor must immediately notify the host athletic director and/or their own athletic director, as appropriate.
5. Cheer groups violating the guidelines and restrictions will be barred from any further participation at home or away contests for the remainder of the respective sport season. A second violation of the guidelines will result in a year-long (calendar year) suspension of activities.

**EACH PSAC INSTITUTION IS RESPONSIBLE FOR THE CONDUCT OF THEIR CHEERLEADERS REGARDLESS OF VENUE**